

# SIR C R REDDY COLLEGE FOR WOMEN

(Affiliated to Adikavi Nannaya University, Rajamahendravaram)

Vatluru (post), Pedapadu Mandal, W.G Dist., A.P

Visit to Cheepuru Gudem Village

Date: 06/12/2019

**Venue:** Cheepuru Gudem village, chatrai mandal.  
Krishna District



**Organized by**

**SIR CR REDDY COLLEGE FOR WOMEN**

**2018-2019**

**SIRC R REDDY COLLEGE FOR WOMEN, ELURU**

# SIR C R REDDY COLLEGE FOR WOMEN

(Affiliated to Adikavi Nannaya University, Rajamahendravaram)

Vatluru (post), Pedapadu Mandal, W.G Dist., A.P

## PERMISSION LETTER

DT: 30/11/2019

To

The Principal

Sir C R Reddy College for Women

Eluru.

**Subject:** Request to grant permission to visit "Government Hospital at Chipurugudem.

This is to bring to your kind notice that Department of computer science and Commerce would like to visit "Government Hospital" at Chipurugudem on 06/12/2019 at 10 am along with the B.sc and B.com students to create awareness on importance of breast feeding .In this context we request you to grant permission to visit the Government Hospital on 6/12/2019.

Thanking you madam,

*Permitted*  
*Basid*  
PRINCIPAL  
Sir C.R.R. College for Women  
ELURU

*[Signature]*  
Signature

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Vatluru (post), Pedapadu Mandal, W.G Dist., A.P

## NOTICE

**Date:** 05-12-2019

All the students are hereby informed that "Breast feeding awareness program" is arranged at chipurugudem village, chatrai mandal, west godavari district on 06-12-2019. In this context, we request interested students may participate in this programme.

  
Principal  
PRINCIPAL  
Sir C.R.R. College for Women  
ELURU

# **SIRCRREDDYCOLLEGEFORWOMEN, ELURU**

## **Visit to Cheepuru Gudem Village**

We conducted an awareness programme on 06-12-2019 on Breast feeding at Cheepuru Gudem Village

### **BRIEFNOTE**

SIR CRR COLLEGE FOR WOMEN organized breast feeding awareness program at Cheepuru Gudem village, Krishna District, Andhra Pradesh. This program was being hosted by Dr.Mounica, According to W.H.O study malnutrition causes one in every three infant deaths in India. Future 66% of the infant deaths occurs during the first year of the life. This is often caused by in appropriate feeding practice .Breast milk contains nutrients that are vital for the infant in the first few months and hence breast feeding very crucial in the initial six months, which should accompany regular food up to two years. Breast milk protects new borns from infections, helps to develop immunity and is beneficial for digestion and optimal growth, and breast feeding has been found to improvethe closeness of mother and baby while direct physical contact with the mother contributes to a sense of security and later psychological development of a child.

## **Report of the Activity:**

An awareness programme was conducted at Cheepuru Gudem village, Krishna District, Andhra Pradesh, as a part of this programme to educate the women and importance of Breast milk. Breastfeeding is the natural process of feeding an infant with breast milk directly from the mother's breast.

Dr.Mounica, Computer lecturer M.Divyasri and commerce lecturer P.Praveen and students were participated in this awareness programme.

Dr.Mounika Breast milk contains nutrients that are vital for the infant in the first few months and hence breast feeding very crucial in the initial six months, which should accompany regular food up to two years

P.Praveen said to Breast feeding provides several essential health benefits for both them mother and the child. For the infant, it helps in developing a stronger immune system, reducing the risk of infections, allergies, and certain chronic diseases. Breast milk also contains antibodies that protect infants from various illnesses. Additionally, breastfeeding is believed to promote a stronger bond between the mother and the child.

M.Divya sri said to breastfeeding helps in reducing the risk of certain types of cancer, including breast and ovarian cancer. It also aids in postpartum weight loss and assists in the contraction of the uterus, helping the mother's body return to its pre-pregnancy state.

## OUTCOMES:

- Breast feeding can help protect babies against some short-term and long-term illnesses and diseases.
- Breast milk shares antibodies from the mother with her baby.
- Breast milk is the best source of nutrition for most babies.



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Vatluru, Eluru  
Extension Activity  
2019 -2020

**STUDENTS ATTENDANCE**

Place: Chipurugudem

Activity: Breast Feeding Awareness  
Programme

S.No	Roll Number	Name of the Student	Signature of the Student
1	188005	D.Thirumala	D.Thirumala
2	188009	P.Prathyusha	P. prathyusha
3	188011	P.Sukanya	P. Sukanya
4	188012	A.Meghana	A. Meghana
5	188014	B.Swapna	B. Swapna
6	188017	D.Devi	D. Devi
7	188020	K.Amulya	Amulya . k
8	188024	M.Anusha Devi	M. Anusha Devi
9	188026	N.Reshma	N. Reshma
10	188029	P.Lalitha	P. Lalitha
11	188031	P.Yuva Teja	p. Yuva Teja
12	188037	S.Mounika	Mounika . S.
13	188041	Ch.Swapna	Ch. Swapna
14	188046	J.Durga	J. Durga
15	188051	T.Jyothsna	T. Jyothsna
16	197061	M.Divya	M. Divya
17	197063	P.Lakshmi	P. Lakshmi
18	197073	T.Uma Parvathi	T. Uma parvathi
19	197077	D.Vimala	D. Vimala
20	197087	M.Gowthami	M. Gowthami
21	197093	P.Jyothi	P. Jyothi
22	197099	P.Masthani	P. Masthani
23	197102	P.Rajeswari	P. Rajeswari

24	197104	R.Dhana Lakshmi	R. Dhana Lakshmi
25	197111	T.Alekhyia	T. Alekhyia
26	197112	U.Sravani	U. Sravani
27	197114	V.Nikitha	V. Nikitha
28	197116	V.Gopi Priya	V. Gopi Priya
29	197118	B.Priya	B. Priya
30	197120	D.Indumathi	D. Indumathi
31	198004	B.Kinnera	B. Kinnera
32	198009	P.Divya	P. Divya
33	198014	S.Krupa	S. Krupa
34	198025	K.Amulya	K. Amulya
35	198028	K.Anusha	K. Anusha
36	198033	R.Supraja	R. Supraja
37	198035	S.Prasanthi	S. Prasanthi
38	198037	S.Anuradha	S. Anuradha
39	198041	V.Komala	V. Komala
40	198043	G.Kalyani	G. Kalyani
41	183056	M.Pravallika	M. Pravallika
42	183058	N.Swathi	N. Swathi
43	183062	P.Iswarya	P. Iswarya
44	183069	T.Madhavi	T. Madhavi
45	183077	M.Likitha	M. Likitha
46	183084	P.Ramya	P. Ramya
47	183092	P.Sneha	P. Sneha
48	196007	K.Janaki	K. Janaki
49	196017	B.Sowjanya	B. Sowjanya
50	196020	D.Divya Sri	D. Divya Sri
51	196029	J.Sowjanya	J. Sowjanya
52	196030	K.Meghana	K. Meghana
53	196040	M.Varalakshmi	M. Varalakshmi

54	204620	Ch.Nandini	Ch. Nandini
55	204623	D.Srikari	D. Srikari
56	204628	G.Sri Harshini	G. Sri Harshini
57	204630	D.Lavanya	D. Lavanya
58	204632	K.Madhuri	K. Madhuri
59	204635	K.Naga Madhavi	K. Naga Madhavi
60	204636	K.Yamini	K. Yamini
61	204640	M.Sravani	M. Sravani
62	204644	P.Sirisha	P. Sirisha
63	204647	T.Bhargavi Sai	T. Bhargavi Sai
64	204650	M.Sowjanya	M. Sowjanya
65	204652	M.Saritha	M. Saritha
66	204655	P.Pujasri	P. Pujasri
67	204658	P.Poojitha	P. Poojitha
68	204660	P.Sumanjali	P. Sumanjali
69	204663	S.Mounika	S. Mounika
70	204668	T.Yamuna	T. Yamuna

Faculty Signature  
Anuja S. K.

### Stake Holders List

<b>S.NO</b>	<b>Name</b>	<b>Designation</b>
1	Dr.Mounika	PHC Doctor, Chipurugudem
2	P.Praveen	Lecturer, Sir C R Reddy College For Women, Eluru
3	M.Divya Sri	Lecturer, Sir C R Reddy College For Women, Eluru
4	K.Sushma	Lecturer, Sir C R Reddy College For Women, Eluru
5	N.Prameela	Mother
6	G.Renuka	Mother
7	B.Kasthuri	Mother
8	L.Ramya	Mother
9	D.Madhavi	Mother